Dillon Wasko

History of an American Indian

12/4/13

Just as I stated in my educational project, diabetes and Native Americans have a direct correlation. This has been an ongoing issue but the Rosebud Sioux Tribe is willing to taking a stand. The Rosebud Sioux Tribe is pleased to announce their grand opening of a new wellness center. This is an acknowledgement to the National Diabetes Awareness month of November. The wellness center will benefit not only the Rosebud Sioux Tribe but the community as a whole. The workout facility, was constructed through funding from Novo Nordisk, which is defined on their web page as “a global healthcare company with 90 years of innovation and leadership in diabetes care.” There will be a team that will also be used to provide information to tribal members diagnosed or at risk of developing diabetes. An indoor walking track will be used to host their annual 24 hour walk for diabetes awareness. The wellness center will also hold education sessions to help residents cope with their diabetes and diet.

I was intrigued by this article due to its affiliation with my project. I think it is awesome that the community was able to construct a fitness center. It is going to be so beneficial to not only the at-risk or diagnosed diabetes patients, but the youth as well. By educating local residents, the Rosebud Sioux Tribe community will be able to thrive. Furthermore, I loved the focus on Diabetes awareness and making it a vocal point. This will help show people the benefits of being fit and modifying their diet. This is a big stepping stone for everyone in the community and I think it will impact this area greatly and I am excited to see the feedback.

Waln, Vi. "Rosebud Has New Wellness Center | Www.lakotacountrytimes.com | Lakota Country Times." *Rosebud Has New Wellness Center | Www.lakotacountrytimes.com | Lakota Country Times*. Lakota Country Times, 28 Nov. 2013. Web. 04 Dec. 2013